

# Starseeds and the Galactic Community

by Tim Reeves

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*A human being is part of the whole, called by us 'Universe'; a part limited in time and space. He experiences himself, his thoughts and feelings as something separated from the rest – a kind of optical delusion of his consciousness.*

*This delusion is a kind of prison for us, restricting us to our personal desires and affection for a few persons nearest us.*

*Our task must be to free ourselves from this prison by widening our circle of compassion to embrace all living creatures and the whole of nature in its beauty.*

Albert Einstein (1879 – 1955) Physicist & Nobel Laureate

## 1 What are Starseeds?

The term Starseed is mainly used to mean a human body with an extraterrestrial 'soul' – normally intentionally incarnated on earth, on a mission to help make human consciousness to mature. In the current times this is especially important, to help humanity through its current and difficult metamorphosis – a process which is happening at a rapidly increasing rate. But is this actually so, and how is it compatible with my other statements on reincarnation?

## 2 What about Reincarnation being impersonal?

Referring to the article in my book 'On reincarnation, karma and soap bubbles': Seen this way, a large number of belief patterns are randomly enclosed into one newly incarnating being. The human morphogenetic field may well equate to a localised gathering of Story pat-

terns within Great Consciousness, arising from and maintained by the human (earthly) experience. But it is easy to imagine that, possibly facilitated through the guidance of beings from e.g. other planets, bundles of otherworldly belief patterns can form, yet be incarnated on earth.

On the other hand, referring to another treatise in my book – Take two on reincarnation – I listed several alternative mechanisms, and wrote that I really don't mind which of them is true; and that they in fact may even all be true at the same time. There's infinite space in Great Consciousness for all of them. As I stated, it really doesn't matter to me whether one particular scenario or all of them actually exist.

So do I 'believe' in Starseeds?

Well, being a Starseed is, basically, just another story.

But this does not mean that it has to be an invented story, one which is not real; it can equally be a true story. Or a story which previously had not actually happened, but now, through someone's belief in it, has become true. The elements in the story have come into existence as Great Consciousness imagines *those* stories.

### **3 Perception and corroboration is better than debate**

In the best case, a Starseed will be able to gain information about other worlds – or affairs here on earth – which can somehow be corroborated. Here's an example of my own: In inner visions I 'saw' the daylight cycles of another planet, yet they seemed at the time to be completely nonsensical, going against my expectations of planetary motion and illumination. To my great surprise, when I later laid out the true dimensions of a gas giant on medium-distance orbit around its star, and the illumination of a large moon orbiting it, slowly rotating on its own axis and not yet gravitationally locked to it (like our moon is, so we only ever see the same side of it) – well, it turned out that what I had seen exactly matched what could be expected under such circumstances. So to me, this proved that what I had 'seen' was truth, not a delusion.

### **4 Starseed Perceptions – helpful and sometimes very shocking**

In that period of my life (where the anecdote above happened) I had a wealth of experience in non-local perception, of other civilisations spread around the galaxy, including some very close personal relationships. Naturally the vast majority of that was not verifiable in any way – but being in resonance with wiser and more mature beings was a great help to my personal spiritual development. And the connections brought not only happy things – in real life,

joy and sorrow always go hand in hand. The most shocking experience I had at that level was of a planet where a spacefaring race was very discretely nurturing the beings evolving there. But one day, a comet ploughed into their solar system, on a collision course with that world – and the few spaceships there had not enough thrust or time to deflect it. So through the eyes of one of their people on the planet, I witnessed an impact similar to that which on Earth wiped out the dinosaurs, or even a bit worse. I saw the fireball of the impact rolling towards me from the horizon, obliterating everything in its path. I cannot begin to describe the depths of sorrow at that witnessing.

The important thing to me nowadays is, that we remember that all phenomena are Stories, being told and manifested by Great Consciousness. Don't get bound up or insistent with the Stories, however fascinating – instead, focus your attention on the Storyteller.

## **5 E.T. phone home – advice for homesick Starseeds**

It's been many many years since I awoke to myself being a Starseed (aargh, that hurts), and I reckon I was the best-reconnected of all the Starseeds that I ever met. Nowadays, I see even that as a Story. I'm still pretty sure that it's a true story, and those of many other Starseeds too – but it's not more, or less, than that – a Story. Don't make a big thing of it, don't fall in love with the story, define yourself by it or misuse it for escapism. Accept it for what it is, embrace it as much as it helps you to get your feelings and world-view sorted out, and for the information and (through that) the practical help that it can give you.

All mutually recognised member civilisations of the galactic community are (very) advanced spiritually compared to the average state of humans. They would not be 'in the galactic club' if they were not. So connecting with them (any of them) may very well assist your own spiritual rekindling; all these civilisations have survived the formidable challenges which humanity right now faces, and have come out the other side, cleansed of the egocentric madness and rooted in the understanding of the common good. Let them inspire you; but don't get into too much self-pity, about how nice it would be to be there, rather than here. Yes, it would; but there is so much needed here, so much that we can give, if only we reattain the high spiritual state which we had there. Want more ideas on that? Read the book 'E.T. 101' by Zoev Jho (Diana Luppi).

## **6 Starseed Missions and self-imposed limits**

A great and fundamental beauty of Existence is its diversity. Just think of the amazing variety of plant life, or insect life, on this planet alone. And how awfully that would be reduced if, say, all insects were variations on the arachnid scheme, or all plants were just different types of

orchids. Surely you will agree that it would be a sin against Existence if people tried to forcibly reduce things to such monocultures, or even unintentionally pushed development in such a direction, through negligence or poorly thought-through actions.

For exactly this reason, the galactic community is in broad agreement that developing planets should be for the (very) major part left alone, each to evolve their own, very individual beauty. Think of it like an orchestra, which needs many and very varied types of instrument – in this case, to play the symphony of a diverse and wonderful galaxy.

But a very tenuous form of guidance is generally accepted, provided that it is subtle and does not in any substantial way change the unique nature of the race and biosphere being supported. It is more about things like encouraging development to move beyond watersheds, or to support altruistic thinking in times of crisis, or to support spiritual development without tainting the unique taste and flavour of the supported race.

How is this guidance best supplied? By Galactics incarnating as individuals of the race being assisted – by Starseeds! This ‘soul’ from the galactic community initially relinquishes *almost* all of its links to the morphogenetic field(s) in which it was previously incarnated, in order to fully dock on to the morphogenetic field of the race being assisted (without which the infant body could not be formed<sup>1</sup> – this is a must, not an option).

As the Starseed grows up, normally at some point the connection to their previous morphogenetic field starts to re-establish itself to some degree, in parallel with the local one. Inner visions will be the normal result, and a feeling of not really belonging here, which can often be very acute – E.T. phone home! Starseeds have to get past this longing, or learn to live with it, and get on with playing a constructive role in the life they have chosen. In that role they have the unique advantage of the information, the more evolved belief patterns, the more matured Stories, which come from their previous morphogenetic fields.

At the same time, they are still fully bound in to the morphogenetic field of their assisted race, and since they belong to it, they contribute to it. This is in fact the *only* way in which Galactics can directly contribute to ‘positive’ evolution of another morphogenetic field. So Starseeds even do good just by being here and reconnecting. They may also become healers, therapists, spiritual teachers, innovators or live some other constructive role in community life, which furthers development of the assisted race.

I mentioned the “broad agreement” of the galactic community on limiting the influence taken on races which could profit from support, and that incarnation is the most widely

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<sup>1</sup> Accidents do happen – on my lowest two vertebrae the transverse processes on the right side didn’t grow – as my foetal body followed the morphogenetic field of a race whose vertebrae don’t have any.

accepted method of providing the permissible maximum of support. That's true, but not the whole story: Quite a few races provide guidance by gently linking with individuals of the supported race in the space of Consciousness. The preferable action is simply to impart information, and let the individual recipient process it for themselves, in their own unique way. Beyond that the Galactics may discreetly nudge the thoughts, feelings and ideas of that individual to become more open, kinder, calmer, or whatever is helpful at that moment. The total impact of such support is not overly great (and *should not* be). It is less effective than incarnating into the local morphogenetic field, but as they say: every little helps.

The practitioners of this type of support must be very careful to remain general, to not taint the uniqueness of those they support; but on the other hand they can make their contribution in a brief time of meditation during their own otherworldly lives – a doddle compared with dying there, remaining coherent in the discarnate phase, and navigating to an appropriate incarnation as an individual of the supported race. Not to mention the open question of what happens when the 'guest' incarnation ends, when that body dies...

To become a Starseed is not a decision to be taken lightly – indeed it never is, the implications of that decision are common knowledge for Galactics. From that viewpoint, it is indeed amazing that any Galactics take it upon themselves to 'do a stint' as a Starseed. But they do, when it seems appropriate, because they don't do it from an individual, personal viewpoint. They know that what is happening is a movement in Great Consciousness: Compassion.

## 7 Starseeds on Earth

Galactics all have a deep love and respect for all forms of life, all aspects of Manifestation. That said, the Earth is simply amazing, it is a precious jewel of breathtaking beauty. The biodiversity and resilience of the planet are currently unique in this galaxy – although many other planets support life in some form, for an eon there has been nothing as beautiful as the Earth. Add to that: humans make such aesthetic bodies – in all my explorations in the space of Awareness / Consciousness I have not seen their like.

Put another way: Most humans just don't appreciate how **incredibly** fortunate they are, nor how seriously their belief patterns and actions are endangering themselves and the whole biosphere here. On a personal level, virtually all Galactics are standing on the sidelines, cheering Earth and Humanity on to get through this turbulent and uncertain period, and avoid trashing this once in an eon chance for absolutely outstanding beauty.

For exactly this reason, right now many Galactics are incarnated on Earth – at the absolute upper limit which the galactic community by consensus finds permissible. The actual number is very low in comparison with the number of 'human' humans, but very high compared to

Starseed presence on other planets being assisted. The reason for this upper limit presence is because nine out of ten civilisations **fail** at the point where Earth is now, they fail to make the transition to a sustainable culture; they squander their potential and ruin their planet in what Galactics – with great sorrow – call the Resource Wars.

It should by now be clear what the mission of all Starseeds on Earth is: To save the Earth<sup>2</sup> (the outcome currently being open, balanced on a knife's edge).

To be clear: The emotional tone up to here has been the *personal*, the *Starseed* Tim Reeves writing, not 'his' *impersonal, enlightened* aspects – those were just briefly eclipsed...

*Recommended 'fictional' reading:*

The book series 'Canopus in Argos: Archives' by Doris Lessing.

## 8 Cooperative Co-Creation

"Dear Existence: please reveal my true mission in life to me; I really would like to find a job which gives meaning to my life; and some financial security would be much appreciated. And if it's not too much trouble, a house to call my own, with nice neighbours and a garden."

Er... nope. If you want a happy end – don't write wish lists to the universe, don't leave it to angels, don't default by saying "if I believe and practice the right things, God will reward me". Don't try passing the buck on up.

If you want to be happy, you must (a) learn to live in the moment; (b) accept this moment, without (harsh) judgement; and finally (c) create happy circumstances as part of your activity here. BUT the latter does not work so well currently here on planet Earth. The morphogenetic field of humanity has not yet arrived at a consensus understanding (Noticing) of non-separation, or of how Manifestation is brought forth by The Divine (Knowledge). And remember, it's not you alone creating, rather everybody is co-creating, whereby most people do so in an egocentric manner. This basically means people are fighting each other – for the *right* religion, the best job, the most money, the nicest house, America First. Or when it boils down to it: For Safety, Security and Predictability.

Advanced races, scattered throughout the galaxy, whose morphogenetic fields carry more advanced information (such as set out in my articles), have no inclination to practice egocentric creation. Instead, they practice **cooperative co-creation for the common good**. And while the common good must sometimes take precedence over the whims of individuals, it automatically includes the well-being of all individuals. This, by the way, is what Starseeds

2 Like Klaatu in the film 'The Day the Earth Stood Still' – except we want to save humanity too 😊

expect, at a very deep level, of everybody they meet. Where they come from, it is so. But not so here (yet). Which is why Starseeds often feel to be living in an unreliable or downright threatening social environment, and often long to 'go home'.

At this point, a reminder: When I write about 'you' or 'I' creating stuff through our belief patterns, please don't take this in the egoistic sense of "I'm a good person, I'm putting loads of energy into working for the common good". Ultimately, each of us is just a collection of Stories in Great Consciousness, and there is no individual doership – Great Consciousness tells **all** the Stories. My book '[Noticing Being One](#)' contains a whole section on 'Stories', and a very relevant article 'Sin and Guilt – monstrosity of mind'.

## 9 Personal and cultural development

Looking back on my own life (this mind-energy-body organism named Tim Reeves), and by observation of various others, I see a pattern of constant positive development, from less to more aware, from mainly self-centred to mainly aligned with the common good, from only noticing oneself as real to noticing the living, vibrant reality of all beings, of all manifestation.

Many humans however seem not to change so much within one lifetime, they continue with more or less the same set of assumptions and beliefs which they inherited – from their parents, family or local / national culture.

In Awareness / Consciousness I have visited quite a few other planets within this galaxy, where particularly mature races live – the galactic community. All these races have made a racial journey similar to that which some humans make, continually developing (with spurts, setbacks, watersheds and such, but seen over time expanding their perception and their alignment with the common good).

This explains how the sum of polarities, e.g. ignorance and knowledge, self-centredness and altruism, always cancel out exactly – in the end. A person or race may be, well, not so nice at the start, but end up amazingly kind and well-wishing.

However, I do not see this parallel in what we term cultures – at least, not yet. Cultures are ways of socially and economically organising the people living in a geographical area, their interests and beliefs, how they interact with each other and strangers, and so on. Looking back on history all cultures fail sooner or later, they fall apart from the inside as immature and power-hungry (insecure) people manoeuvre for personal advantage (and/or for their region, nation, religion etc.) in various ways; and my observation is that such power nearly always seems to corrupt its wielder.

Yet seen on a larger scale – and proven to myself by my knowledge of civilisations on other planets – while cultures blossom and decay, the race in total can progress. This seems to me analogous to the cells in the body of living beings – the individual cells die sooner or later (for example, they kill themselves by the mechanism of apoptosis when their time is up or they are no longer functioning properly). Yet the body of which those cells were a part continues, and can become more harmonious and mature over time.

## **10 Are galaxies isolated islands of life?**

Zooming out: I 'notice' only races living in our galaxy, the milky way. I have never (knowingly) noticed any events in other galaxies. One may consider this similar to a cell in the body, which has a membrane defining its own perimeter and whose mechanisms are mainly concerned with its own correct functioning, whose genes, RNA, enzymes and such are like one orchestra playing one piece of music together. In a similar way the individual races of the galactic community of the milky way also play one piece of music together – the song of our galaxy.

I do assume, based on observation of the holistic nature of things, that the average spiritual state of the beings of our galaxy also matures with time, much as an individual or race will mature. And with further extrapolation, probably our whole universe does so as well.

I seem to notice that this isolation of our galaxy from the others, in terms of not being able to notice things going on in other galaxies, may be found frustrating by young Galactics. But if we could also notice events in other galaxies, the background noise of such advanced Noticing would probably drown out local noticing. It would be like all the cells of a body having no walls and thus all the many organic molecules swimming around in one big soup. Thus structure, such as specific organs, would not be possible, nor life (and experience of life) as we know it. Perhaps there is Noticing between Galaxies on a higher level of aggregation, but that, by definition, would be beyond the scope of an individual being.

By the way: The isolation of our galaxy (or rather our local cluster of galaxies) from others has also been noticed or assumed by the celebrated science fiction author David Brin. It is the theme behind his second 'Uplift' trilogy and related in its final book 'Heaven's Reach'. Here the highest orders of life in our galaxy burn a host of spaceships and white dwarf stars in order to create ultra fast shock waves which messenger ships can surf on to reach remoter galaxies – there being no other way to reach them.